StrategicAccounts

Height of Average Adult

(considering both Male and Female together) = 66.2"(168.1cm)

Center of Strength:

- Center of Chest to slightly below waist
- Center of strength based on the arm bent
- at 90 degrees

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Strength Control Zone:

- Top of the Shoulder to Mid Finger when arm is extended straight



* NOTE - Weights are guidelines only. Source: http://osha.europa.eu and page 8 of http://www.cdc.gov/niosh/94-110.html.

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